

# USCTDP, INC.

EST. 1983

## SPRING USC JUNIOR DEVELOPMENT TENNIS PROGRAMS 2026

Juniors Levels 3.0, 3.5, 4.0, 4.5, 5.0 and 5.5 Clinics

**Spring Session – May 4, 2026 – June 7, 2026 (5 weeks)**

No Clinics May 25– (Make up May 30 - Times to be announced on our Facebook page

Please like us and follow us on Facebook to get the latest cancellations and make up postings

### Advanced Orange Level 3.0

Swing rhythm on the forehands and backhands will be emphasized. The children will be introduced to topspin and will learn how to differentiate between a volley action and a groundstroke action. A variety of serve progressions will be taught and the serve and return of serve will be covered in each class.

#### SCHEDULE OF CLASSES:

Monday/Friday 4:30 – 6:00 p.m., Saturday 2:00 – 3:30 p.m. and Sunday 12:00 – 1:30 p.m.

### Green Player- Level 3.5 – Any Player that progressed in Adv. Orange and Teen class

Children will be exposed to a full range of technical/tactical development. All court tennis will be emphasized. The program will focus on drills that develop movement, recovery and decision making skills. Situational and competitive play in the five play situations will be planned in the curriculum. This is the final development stage before the children enter the Junior Competitive Program.

#### SCHEDULE OF CLASSES:

Monday/Tuesday/Friday 5:00 – 7:00 p.m., and Sunday 1:30 – 3:30 p.m.

### Yellow Ball- Level 4.0 – 4.5 (Recreation Player, Tournament Player or High School Player)

*Improve stroke mechanics and consistency, footwork and anticipation. Learn sound match play tactics*

#### SCHEDULE OF CLASSES:

Tuesday/Thursday 3:00 – 5:00 p.m. or Monday/Tuesday/Thursday/Friday 5:00 – 7:00 p.m., and Saturday 12:00 – 2:00 p.m.

### Yellow Ball – Level 5.0 – 5.5 (Tournament player having earned a competitive National or Sectional ranking)

*Improve match play performance with emphasis on footwork and conditioning, match play tactics, mechanics, mental toughness and sportsmanship.*

#### SCHEDULE OF CLASSES:

Tuesday/Thursday 3:00 – 5:00 p.m. or Thursday 5:00 – 7:00 pm., Saturday 12:00 - 2:00 p.m.

| <u>Advanced Orange Level 3.0 Fees</u> | <u>Levels 3.5, 4, 4.5, 5 and 5.5 Fees</u> |
|---------------------------------------|---|
| One Day Per Week \$185.00             | One Day Per Week \$240.00                 |
| Two Days Per Week \$350.00            | Two Days Per Week \$460.00                |